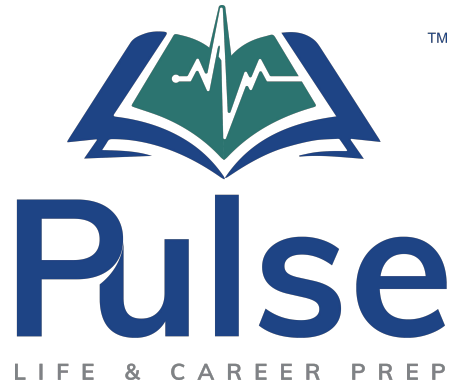# Pulse Life & Career Prep

Knowledge Transfer & Retention System®
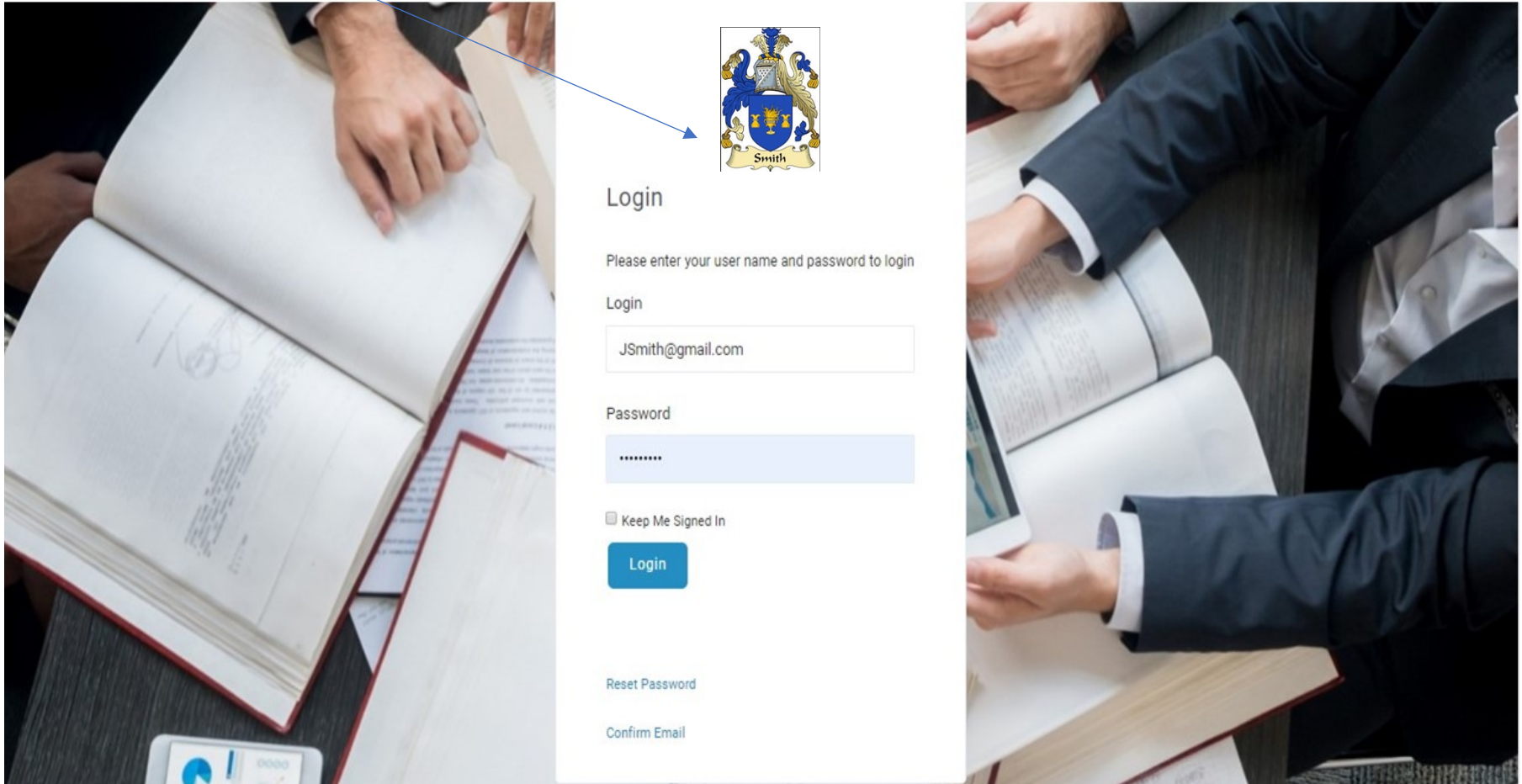
Software Capabilities Overview

(Complimentary KT&RS Software Access Provided for Each User with Purchase of Any Training Course Bundle)

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Password

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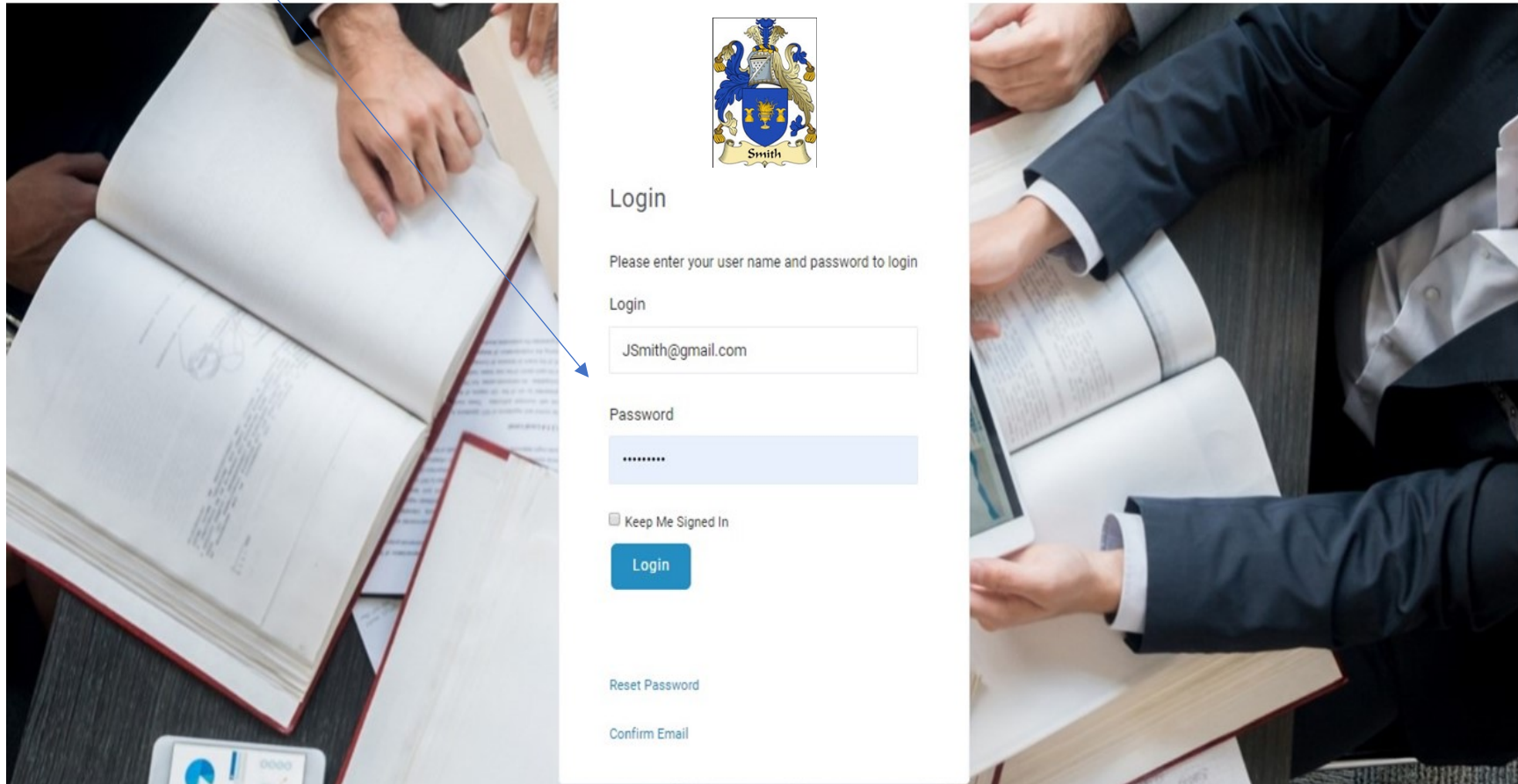
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Welcome to The Smith Family Knowledge Transfer & Retention System Curriculum Courses.

Our commitment is to ensure that our customers receive a high quality experience and excellent service in a safe, reliable, efficient, and environmentally responsible manner.

- Dashboard
- Groups
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- The Quad
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- Members
- Course Builder
- Administration

Featured

3:52	7:32	4:51	5:45	5:56
BREAKING BAD HABITS	Writing Speech Writing	INTERPERSONAL COMMUNICATION: Introduction	WORK LIFE BALANCE DIGITAL STRESS AND ADDICTION	THE SCIENCE OF SLEEP
Breaking Bad Habits: 01. Breaking Bad Habits	Speech Writing	Interpersonal Communication: 01. Introduction	Digital Stress and Addiction	The Science of Sleep: Sleep Hygiene

Groups

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Groups

Career Skills Preparation – Ages 12 Years to Adult	Coronavirus & Pandemic Planning Skills Preparation – All Ages	Health & Wellness Skills Preparation – All Ages	Highly Effective Active Threat Skills Preparation - All Ages	Life Skills Preparation - All Ages
Before you enter the workforce, it's crucial to work on the following	Pandemics can affect not just your social life but your mental wellbeing as	Nutrition and exercise can seem relatively unimportant while young, but...	Violence is not something we like to think about, in fact it's a very scary	These courses are designed to help students learn and develop their roles in...
1 member	1 member	1 member	3 members	3 members
76 courses	35 courses	39 courses	8 courses	36 courses
0%	3%	0%	13%	3%
2 Required Courses	**1 Required Course**			**2 Required Courses**

Top Topics

The Science of Sleep
2 Views

Digital Marketing
1 View

Becoming a Great Leader
1 View

Total Views

40
30
20
10
0
'20-03-31 '20-04-02 '20-04-04 '20-04-07

Required

01. Conflict Management: Unavoidable Truths
3:03 Required

01. Feedback: Feedback Basics
7:43

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+ Create a Group

**Career Skills Preparation –
Ages 12 Years to Adult**   0%

Before you enter the workforce, it's crucial to work on the following skills: communications (writing, speaking, and interpersonal), teamwork, analytical ability, multitasking, organization, leadership, problem-solving, tenacity, and dependability. Workers can develop these skills and values in a variety of different ways. These courses are designed to transform students into highly desirable college students and prospective employees. The key to that transformation is so important for career growth to prepare you for your journey throughout life.

👥 1 member   💻 76 courses
2 Required Courses

👥 Life Skills Preparation - All Ages   ⚙ Admin

These courses are designed to help students learn and develop their roles in school, at work, and in their communities. Issues surrounding harassment, diversity, and sensitivity have never been more at the forefront of the news cycle. Learning how to effectively communicate is an essential part of development throughout life. We are subject matter experts in the areas of Diversity & Sensitivity, Harassment Prevention, and Awareness, whether dealing with situations int he workplace or school, these award-winning courses and knowledge retention quizzes and assessments are meant to create, instill and sustain a culture of compliance and awareness for all. These courses and retention assessments are provided in Pulse Learning to resonate with the new generations of the learner. The quiz and assessment results may be archived and results recalled at any time in the future. This enables the users and learners to focus on additional Rooted Learning, targeted to specific underdeveloped strengths.

☐ Hide Completed   ☐ Only Required

Active Listening

To listen actively, you have to pay attention. You can't multitask, you can't avoid eye contact, you can't assume, and you can't be formulating your response. You have to hear the information. It needs to enter your brain, and then your brain needs to think about it. It's a much more complex task than we might think. This program discusses several ways to be a better listener, and the many things that often get in the way of

5:12

02. Communicating with the C-Suite: Sending an Email

As the world becomes increasingly digital, you may find yourself communicating wi upper management primarily via email. This course will help you craft and time your communication, sending the message that you're a smart, valuable employee.

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Career Skills Preparation – Ages 12 Years to Adult   Show all groups

☐ Hide Completed

☐ Only Required

Writing Basics: Why Care About Writing?

Writing is one of our most important forms of communication. Most of us do...

Social Cues

Social cues are a difficult topic to cover. Because people are different and...

Communicating with Confidence

In every interaction, it's not what you communicate, but how you communicate...

Active Listening

YOU
EARS
EYES
UNDIVIDED ATTENTION
MIND
HEART
聽

03:03 / 05:12

- Dashboard
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About   Community (0)   Downloads (1)   Notes (0)   Assignments (1)

To listen actively, you have to pay attention. You can't multitask, you can't avoid eye contact, you can't assume, and you

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Course Catalog can also be customized or standardized for individual learners and or groups and can contain any of the 2,500 + courses and any customized courses developed for students. Instructors can create as many Classrooms as required.

☰   🔍   🔵 Douglas Miner ⌄   ?   🔔³   ☰

+ Create a Track | Choose a track on the left to view it.

Accountability

Understands why groups do what they do, picks up the sense of the group in...

🖥 42 courses

👥 Groups

👜 Tracks

📖 Course Catalog   ⌄

    Business Skills

    Software Skills

    ive Shooter Training

    Compliance

    COVID-19

Action Oriented

Enjoys working hard, is action orientated and full of energy, not fearful of...

🖥 91 courses

Alignment and Compliance

Is aligned with the culture, values, and mission, operates with the mission...

🖥 207 courses

🖥 Classrooms

🏛 The Quad   ›

📊 Reports   ›

👤 Members   ›

🖥 Course Builder

⚙ Administration   ›

Building an Effective Team

Blends people into teams when needed, creates strong morale and spirit in the...

🖥 138 courses

Business Acumen

Knows how businesses work, knowledgeable in

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Students can now join their friends when they use the online learning library. They can learn by watching what others do with The Quad, our intuitive social learning technology. It is a social community inside the campus created to encourage learners to connect with other learners. They can create their own informal network of peers beyond their formal, assigned learning groups.

Tracks

Topics

Classrooms

The Quad

Reports

Members

Course Builder

Administration

What's your Quad up to?

Leaderboard

Amber Wonderland
8547 points

Danny Tanner
3831 points

Catherine Winslet
3706 points

Keith Crews
2822 points

Matt Milkins
213 points

Kyle O'Brien
168

Recent Activity

Danny Tanner scored 100% on the exam for Character 02. Developing Your Character — Aug '18 29

Catherine Winslet completed viewing Character 02. Developing Your Character — Aug '18 29

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As you page down you will see examples of the quizzes, exams and Knowledge Retention Assessments® that come with the courses and you will learn more about how you can customize the exam questions and answers in many ways. Exams and assessments can be given customized pass or fail % and those settings can be utilized to customize student and learner knowledge retention reporting. Reporting can be customized in various formats to include custom graphs, point systems, percentages, grading scales, etc., and to develop and display leaderboards if desired.

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| Charts |
| Create a Report |
| View Reports |
| Export all topics as CSV |
| Export featured topics as PDF |
| Members |
| Course Builder |

Charts   Reports

Top Charts

📅 03/27/2020 - 04/03/2020 ∨

Total Views

14
12
10
8
6
4
2
0
2020-03-27   2020-03-29   2020-03-31   2020-04-03

○ Start Count   ○ Completed Count   ○ Exam Count

Leaderboard

Alex Chambers
    60 Points

Renee Bambrick
4 Points

Darin Bambrick
3 Points

Top Users

alexchambers107@gmail.com
    13 Views

dhambrick@gecbts.com

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In addition to the 2,500 + courses that come with your purchase, with the complimentary KT&RS software you also get access to am award willing Course Builder tool. Our LCP or GECBTS Specialists can coach you on how to easily design effective course curriculum by using a simple process that includes a curriculum body of knowledge, learning objectives, synced assessment questions, etc. You can design, customize and build courses within just a couple of hours using our Course Builder tool. Easily upload full length movies, or 1 min snippet videos, make professional recordings, or upload existing content and easily add exam questions and answers in various formats. Our KT&RS software administration tools are the easiest to utilize and make training and instruction administration a breeze.

Smith

- 🎓 Tracks
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- 🏛 The Quad ›
- 📊 Reports ›
- 👤 Members ›
- 🖥 Course Builder
- ⚙️ Administration ⌄
  - Add Activity
  - Comment moderation
  - Content management
  - Unpublished Courses
  - Campus settings

≡ 🔍   👤 Douglas Miner ⌄   ⑦ 🔔³ ≡

Build a new course

Create a new course by selecting the method you would like to use for creating the course below.

⬆️ Upload a Video/Document	🎙 Make a Recording
📄▶ Use Existing Content	🖥👤 Instructor Led Course

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HOORAY, YOU PASSED!

Your Score: 93%

✓ **13 Correct**
✗ **1 Incorrect**

✓ 1. The Operator Balance Chart Tool is a graph that shows the distribution of work among operators in relation to the Takt time.

    ✓ A. True
    B. False

✓ 2. What is a world class OEE % score? Please select the single best answer….

    A. 60%
    B. 100%
    C. 95%
    ✓ D. 85%
    E. 75%

✓ 3. In the picture, the hi lo lift forks are 12 feet long and the thin wall tube bundles are 22 feet long. When the lift forks are used to transport the tube bundles to the tube cut off station, what are all the potential quality issues rooted to this type of material handling that could form in downstream processes? Select all of the correct answers…

    A. No effect on downstream processes
    ✓ B. Non-compliant T.I.R. (total indicator reading) or straightness issues
    ✓ C. Misalignment of weld joints
    ✓ D. Squareness non-compliance on cut ends
    ✓ E. Cycle and takt time reduced

✓ 4. In a SMED system what are the two broad categories of improvement? Please select the single best answer.

    A. Movement + Waste
    B. Time + Errors
    ✓ C. Human + Technical
    D. Equipment + Tools
    E. None of the Above

5. A popular standardized work tool utilized for current state to desired state is a ✓ Combination Table.

✓ 6. The formula for OEE is made up of which of the 3 factor combinations below? Please select the single best answer…

    A. Cycle Time, Machine Up Time, Machine Downtime

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≡   Q   🔵 Beth mickelson ⌄   ⑦   🔔 19

⌂ Dashboard	**Most Popular 25 Course Bundle Introductory – All Ages** Show all groups
👥 Groups	☐ Hide Completed
☞ Tracks	☐ Only Required
▣ Course Catalog ›	**Becoming a Great Leader: How to be a Follow-able Leader**
🖼 Classrooms	Who is your most follow-able leader? Why? Watch this course to understand...
🏛 The Quad ›	**Active Listening**
📊 Reports ›	To listen actively, you have to pay attention. You can't multitask, you can't...
👤 Members ›	**02. Persuasive Communication: Techniques**
🖥 Course Builder	Imagine being able to get anything you wanted or needed in your professional
⚙ Administration ›	

Becoming a Great Leader: How to be a Follow-able Leader

Integrity:

Sincerity and candor
Fairness
Trustworthy
Dependable and consistent
Moral principles

☆ Add Favorite   ↪ Share   📊 ✏ 🗑   👍 👎   **Take Exam**

About   Community (0)   Downloads (1)   Notes (0)   Assignments (0)

Who is your most follow-able leader? Why? Watch this course to understand what makes a leader follow-able.

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Career Skills Preparation – Ages 12 Years to Adult `0%`

Before you enter the workforce, it's crucial to work on the following skills:...

👥 1 member 🖥 76 courses
2 Required Courses

Coronavirus & Pandemic Planning Skills Preparation – All Ages `3%`

Pandemics can affect not just your social life but your mental wellbeing as...
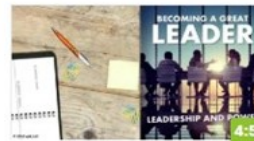
👥 1 member 🖥 35 courses
1 Required Course

Health & Wellness Skills Preparation – All Ages `0%`

👥 Most Popular 50 Course Bundle – All Ages
⚙ Admin

This series is a mix of 50 of our most popular top-rated courses. It is a mix of our Career Preparation Skills bundle from leadership, motivation, time management, budgeting essentials, growth, and communication. These courses provide skills any leader would need to build more inclusive and diverse teams, improving career outcomes with increased effectiveness and innovation. The focus of these courses is identifying and building key conceptual models you can apply dynamically towards your future and enhance your career-building skills.

☐ Hide Completed   ☐ Only Required

Becoming a Great Leader: Leadership and Power

How do leaders get their followers? To get the answer, you have to understand the relationship between Leadership and Power. Power is defined as "the ability to do something in a particular way." The word "POWER" suggest a very dictatorial, do it "my way or the highway" style of leadership. In most situations, this autocratic style doesn't work. So which leadership style DOES work?
`4:57`

Becoming a Great Leader: Motivational Leadership

So what makes a great motivational leader? You have to be able to recognize the motivational truths in your employees. You may learn that not everybody is completely unmotivated.
`5:01`

Becoming a Great Leader: Empowering Followers

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QUESTION 1/4

A competent leader tends to have the following characteristics:

Please select all that apply.

Have good business sense

Make decisions based on feelings rather than facts

Have vast knowledge of their company

Keep their ego in check

Submit Answer

Take Exam

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QUESTION 2/5

Anyone on an emergency response team should be trained.

True

False

Submit Answer

Close

Crisis Management: 05.
Responding to Natural
Disasters

Before disaster strikes, organizations
need to plan, prepare, and promote...

About   Community (0)   Downloads (1)   Notes (0)   Assignments (2)

A crisis is defined as "a time of intense difficulty, trouble, or danger." These are typically unexpected events that can be

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QUESTION 1/7

If you cannot evacuate and come face to face with the attacker, what is your best option to survive?

Scream.

Run in a zigzag pattern down the hallway.

Use physical force to stop the attacker.

Gather everyone in the darkest corner of a room.

Submit Answer

Take Exam

Close

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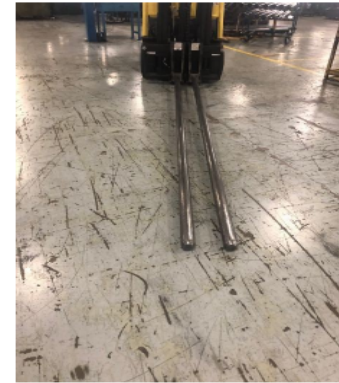Also, please visit lifecareerprep.com for additional course information, products & services.

In the picture, the hi lo lift forks are 12 feet long and the thin wall tube bundles are 22 feet long. When the lift forks are used to transport the tube bundles to the tube cut off station, what are all the potential quality issues rooted to this type of material handling that could form in downstream processes? Select all of the correct answers…

Please select all that apply.

No effect on downstream processes	Non-compliant T.I.R. (total indicator reading) or straightness issues
Misalignment of weld joints	Squareness non-compliance on cut ends
Cycle and takt time reduced	

Submit Answer

In the picture, the hi lo lift forks are 12 feet long and the thin wall tube bundles are 22 feet long. When the lift forks are used to transport the tube bundles to the tube cut off station, what are all the potential quality issues rooted to this type of material handling that could form in downstream processes? Select all of the correct answers…

✓ AWESOME, YOU GOT IT

No effect on downstream processes	Non-compliant T.I.R. (total indicator reading) or straightness issues ✓
Misalignment of weld joints ✓	Squareness non-compliance on cut ends ✓
Cycle and takt time reduced ✓	

Next

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This picture is a tool and die cart, depicting fairly good 6S standardization. However, this cart set up would not support a SMED standardized system.

True	False

Submit Answer

This picture is a tool and die cart, depicting fairly good 6S standardization. However, this cart set up would not support a SMED standardized system.

✓ **AWESOME, YOU GOT IT**

True	False ✓

Next

Close

Close

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The formula for Takt time is which of the following. Please select the single best answer

Gross + net production time / hourly demand

Net production time per day / customer demand per day

Cycle time per hour / customer demand per day

All of the Above

None of the Above

Submit Answer

Close

✓ AWESOME, YOU GOT IT

Gross + net production time / hourly demand

Net production time per day / customer demand per day ✓

Cycle time per hour / customer demand per day

All of the Above

None of the Above

Next

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